



## Riding Retreats at International Equestrian Centre

Join us for a 3 day riding immersion experience. The camps include 3 private lessons tailored to your needs and interest. You decide what you want to work on, for example:

- Fundamentals of riding – seat, aids, balance and feel
- Basic dressage for improved performance in any discipline
- Gaining confidence over fences
- Becoming more proficient over fences, and moving to more challenging courses
- Taking your dressage to the higher levels
- Preparing for competition – dressage tests, show jumping or eventing



Bring your own horse or use one of IECs. (by arrangement)

### Your Hosts

#### Sian Fernandez Thomas – Instructor

Sian Fernandez Thomas BHSI, is a British Horse Society Level 3 International instructor since 1993. Sian has competed at British National level in Dressage, Eventing and Show jumping and coached competitors in all 3 disciplines. With over 20 years of teaching experience Sian has an ability to analyze horse and rider partnerships and customize her teaching to the learning style of the rider and the needs of the horse. She is able to explain the reasons why and how the aids and rider position effect the horse and its way of moving, allowing the rider to continue schooling outside of lessons.

#### Sebastian Fernandez Argumendo

Sebastian has a tremendous breadth of experience with many different types of horses. A true horseman he has trained ranch horses, military horses, Spanish horses, race horses, carriage horses and been a professional polo player. And he is pleased to share his experience. He is also a gifted grill master sharing the Argentinian speciality 'Asado' with lucky guests.

### Horse Accommodation

Box stalls are available at no extra charge. Riders bring all hay, grain and bedding for the camp and are responsible for feeding their horse. There is ample opportunity for hand grazing. A coggins test is required.

### YOU WILL

Receive exceptional coaching

Benefit from watching other lessons

Be encouraged by the relaxed supportive environment

Enjoy great company and excellent food!

## Human Accommodation

There is plenty of room for camping on the grounds of IEC, either for tents or campers. If camping is not your thing, Motel 1967 in nearby Plantagenet is available at \$75 single room - \$89 double room.

<http://www.place19-67.ca/motel-en>

## Costs and Meal Plan

3 private lessons and use of box stall \$225 includes HST payable to International Equestrian Centre

Healthy, homemade meals are provided by Demeter Catering. The \$75 all-inclusive package provides dinner on Friday, breakfasts and lunch on Saturday and Sunday and Sebastian's special Argentinian style Barbecue on Saturday night.

Bring your own wine or beer. Please contact Sheila at Demeter Catering with any dietary restrictions or special requests – 819-319-9633

## Eva says sign up, improve your riding and have fun!



### Available Dates

May 4-6

June 1-3

July 13-15\*

August 10-12

\* Full - Wait list only, not catered.

### Location

[International Equestrian Centre](#)

3550 Concession 2 Road  
Wendover Ontario K0A302

### To Register

Call or email Sheila

819 319 9633

[Sheila@demetercatering.ca](mailto:Sheila@demetercatering.ca)