

Registration Open for Making Strides Workshop with Jacqueline Brooks and Liz Steacie

As part of Equestrian Canada (EC)'s Dressage for Youth Program, EC certified High Performance 1 Coach, Jacqueline Brooks will guide Under 25 (U25) athletes through dressage tests, teaching tips and tricks to avoid common mistakes. This fun, interactive workshop will help youth understand the methodology behind each movement and develop strategies to assist with preparation for future tests.



High Performance Coach and Dressage Committee Member, Liz Steacie will currently work with adult amateurs in an adjacent ring. With five decades' worth of insight as a rider, trainer and competitor Liz, is an invaluable high performance resource for athletes seeking to improve their performance in the ring.



Important Event Information

Making Strides Workshop

Clinicians: Jacqueline Brooks (for U25 athletes), Liz Steacie (for adult amateurs)

Date and Time: 5:30 p.m., Friday, May 18, 2018

Location: Wesley Clover Parks, Ottawa, ON

Cost: \$25 for participants, free for auditors

Registration: Spaces are limited and pre-registration is required. Register at

<https://licence.equestrian.ca/drworkshop/index.aspx>

Registration deadline – **May 14th, 2018**

Registration is open to athletes at the walk-trot through advanced test levels. Preference will be given to riders competing in 2018 and participating in the Ottawa Dressage Festival.