

**Lauren Sprieser Clinic
Avant-Garde Equestrian Farm
Saturday, October 24, 2015**

9:00 - 9:45

**Sue Ziereisen & Zinté F - KWPN Gelding
(VDL Tenerife x Indoctro) bred by Rik Koopman, Netherlands**

Zinté F is an 11 year old KWPN gelding, imported as a jumper prospect from Holland as a 3 year old. He is owned by Sabrina Hidioglou, who has been a student of mine for many years, and has brought Zinté up through the levels with limited showing. This year, Zinté made a good start showing at the PSG level, with both Sabrina and me riding. I am an Equine Canada High Performance Dressage coach, who owns Huntleigh Equestrian Centre in Ottawa. I enjoy coaching a variety of students of all levels, as well as training and developing young dressage horses.

9:45 - 10:30

**Elsie Reford & Far Out - KWPN Mare
(Freestyle x Royal Prince x Jazz) bred by Mountain Sport Horses, QC**

I am 16 years old and I've been riding ever since I could walk. I'm riding my 5 year old Dutch Warmblood mare Far Out. I live on a farm, which is where Fara was born. I knew from the moment I saw her that I wanted to keep her as my horse. As a child, I rode backyard ponies and showed at local fairs. At the age of 10, I realized I wanted to pursue riding in a more competitive way. We found a wonderful schoolmaster FEI pony, and I began training more consistently, gradually moving up the levels and having many successes. I've been able to apply all the amazing lessons my pony taught me (especially patience!!) to starting my young horse. I have done the majority of riding/training on Fara and I'm very excited to continue on that journey.

10:30 - 11:15

**Cheryl Little & Sendero - Canadian Sport Horse Gelding
(Broadway Harry x Unknown Quarter Horse Mare)**

Sendero is a 23½ year old schoolmaster. There is little more I can say about him, he knows his job far better than I do. 'Dero & Siri Ingebrigtsen have given me the opportunity to ride again. I hope to be able to keep him happy and healthy for a very long time. I am 54 year old and took up dressage last fall. Raised horses, but in 2008 had a couple of injuries (non-related to horses) that took me away from horses, and other activities. Siri has had to work at helping me to break my old habits. My long term goal is to be a confident rider in dressage, with as few bruises as possible..... with my partner happy to have me on his back. Possibly some showing, looking at Second Level as a goal. As a short term goal, I would like to get this rising trot down solid, as well as work on exercises to help 'Dero warm up and stay healthy. We have been working on contact with the bit. I find this so foreign to me, but I am trying, and need lots of reminding. I also work at finding my balance, which is mainly due to my injured back, and, well, age...My biggest concern - I don't want to be the reason 'Dero becomes lame. I am hopeful that I can ride and hang out with these lovely creatures for another 20 years.

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Break

11:20 - 12:05

Stephanie Sitzberger & Ginseng MSH - KWPN Gelding

(Alexandro P x Royal Prince x Jazz) bred by Mountain Sport Horses, QC

Sunny is a four year old homebred. He was the 2014 North American Keuring Tour Champion Gelders Horse. I have started Sunny very slowly with much assistance from Siri Ingebrigtsen. He has been under saddle since May, doing baby exercises concentrating on gaining balance, strength and straightness. I am an AA rider who also breeds Dutch Warmbloods when the fertility gods smile. I am thrilled to have a riding "horse of my own" who is sane and willing after far too many years of trying to ride horses with complicated health problems or temperament issues.

12:05 - 12:50

Siri Ingebrigtsen & A-G Royal Rhapsody - Hanoverian Gelding

(Royal Prince x Weltregent x Ramino) bred by Siri S. Ingebrigtsen, QC

OR

Siri Ingebrigtsen & A-G Bambourgini SSF - KWPN Gelding

(Donatelli x Hierarch x Michelangelo) bred by Shooting Star Farm, N.H.

I started my riding career on pigs and cows before moving on to horses in 1977. Growing up riding in Norway, under a former military coach, dressage was a necessary 'evil' before the fun, jumping, was allowed. I got hooked on dressage in 1984 when I went to the U.S. to work with horses. I was lucky enough to see Robert Dover on Romantico and was hooked on dressage. I have been fortunate enough to ride with many great coaches over the years, but Gina Smith has been my main coach since coming to Canada in 1991. I started coaching in 1981 so I have a few years under my belt. I have trained Grand Prix and shown PSG/II. I have owned and operated Avant-Garde Equestrian Farm with my husband, Daniel Huard, since 2003.

A-G Royal Rhapsody is a 7 year old Hanoverian. As with all my horses, Rhaps was started late. He had a big fright in 2012, so he is just this year growing comfortable in his skin and under saddle.

A-G Bambourgini SSF is a 9 year old Dutch Warmblood. He is very spirited, sensitive and reactive. It took two years after he came to me before he allowed me to touch him with somewhat ease on one side. He is now very trusting and great fun to work with. An injury to his right stifle had slowed down his training but we are slowly getting back on track.

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LUNCH 12:50 - 1:30

1:30 - 2:15

**Siri Ingebrigtsen & Wahdi Ibn Kareka - Straight Egyptian Arabian Stallion
(Saddam Kareka x EAI Justice) bred by Marie Gravel, ON**

Wahdi Ibn Kareka is a five year old Straight Egyptian Arabian stallion who is a local Outaouais boy raised at Avant-Garde ... so naturally he was destined to grow up to be a dressage pony. Orphaned at three days, he was carefully raised and socialized with a series of field companions, and Siri started him slowly with many months of patient work on long reins. As a result we are also driving him...and who knows, one day he may tackle competitive driving. Siri has drawn on her diverse skills in Warmblood stallion handling, Fjord-driving and, of course, dressage, to allow us the chance to give Wahdi Ibn Kareka every opportunity to realize his potential. A grandson of the internationally renowned stallion PVA Kariim, Fifa, as we call him, traces to several of the best Straight Egyptian Arabians imported to this area from Germany during the high-flying days of the Montebello and Edwards Arabian investment farms. His pedigree is interesting in that his dam is the half-sister of a Canadian FEI Endurance horse and his half-brother is now eventing. Wahdi is also a breeding stallion, with four lovely foals on the ground...two purebreds and two part-breds. We have no real idea what the future holds in store, but are contemplating taking him for Canadian Sport Pony Stallion approval next year. He will continue his dressage journey as far as he is able...

2:15 - 3:00

**Carolyn Healy & Fuerst Gemini - Hanoverian Gelding
(Fidertanz x Don Bosco x Prince Orac xx) bred by Sunny Days Hanoverians, ON**

Gemini is a six year old Hanoverian gelding, who has been at Avant-Garde since he was five months old. He competed very successfully in 2015, including his first ever freestyle performances at National First Level, ridden by coach and trainer, Siri Ingebrigtsen. He is now schooling the Second Level movements under Siri. He is cherished and treasured by me, his person. I enjoy just hanging out with him and riding him for sheer pleasure. We train when we can with the aim of me becoming a better rider for Gemini. For a young horse, Gemini is incredibly kind and genuine with great rideability and is incredibly forgiving of my rider errors.

Break

3:05 - 3:50

Sarah Loten & Mischief Managed - Hanoverian X Gelding

My horse, Mischief Managed, is a 15 year old Hano x and is a 'hand me down' that I received (took!) last year, from my daughter, who evented with him previously. We competed at First Level this show season at Gold (National level) shows and we are starting to work towards Second Level for the coming season.

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3:50 - 4:35

Chantal Paul & Royal Balance - Hanoverian Mare

(Royal Prince x SPS Eiger x Wenzel) bred by Sunny Days Hanoverians, ON

After a 30+ year hiatus, I started riding again, this time under the coaching of Siri Ingebrigtsen. That was 5 and a half years ago. After riding mostly horses that felt like comfortable pick-up trucks on four-wheel drive, I started riding Royal Balance (Bala) a few months ago and that feels more like a Ferrari. Bala is a 7-year old Hanoverian with gusto and a gift for lateral work. Last summer, Siri showed Bala at Second Level, achieving scores in the low to mid 60s. My objective is to get used to this lovely and lively horse, to relax, and to be reassured that Bala indeed has brakes before I can use more of the engine's potential.

4:35 - 5:20

Jenn Rodehuts Kors & Allegra - Warmblood Sport Horse Mare

(Kioga x Laskan) bred by Rock Ridge Sport Horses, ON

"Maisy" is a 12 year old warmblood mare. She is one of the many homebreds that we produced with our Trakehner stallion Kioga. We have been working away at PSG and I1 over the last couple of years.... My husband and I have been running a small breeding/boarding facility, Rock Ridge Sport Horses, in Perth for the last 23 years. I've been chipping away at being a better rider since my dinosaur became extinct.