

**Lauren Sprieser Clinic
Avant-Garde Equestrian Farm
Sunday, October 25, 2015**

8:00 - 8:45

**Sue Ziereisen & Zinté F - KWPN Gelding
(VDL Tenerife x Indoctro) bred by Rik Koopman, Netherlands**

Zinté F is an 11 year old KWPN gelding, imported as a jumper prospect from Holland as a 3 year old. He is owned by Sabrina Hidioglou, who has been a student of mine for many years, and has brought Zinté up through the levels with limited showing. This year, Zinté made a good start showing at the PSG level, with both Sabrina and me riding.

I am an Equine Canada High Performance Dressage coach, who owns Huntleigh Equestrian Centre in Ottawa. I enjoy coaching a variety of students of all levels, as well as training and developing young dressage horses.

8:45 - 9:30

**Elsie Reford & Far Out - KWPN Mare
(Freestyle x Royal Prince x Jazz) bred by Mountain Sport Horses, QC**

I am 16 years old and I've been riding ever since I could walk. I'm riding my 5 year old Dutch Warmblood mare, Far Out. I live on a farm, which is where Fara was born. I knew from the moment I saw her that I wanted to keep her as my horse. As a child, I rode backyard ponies and showed at local fairs. At the age of 10, I realized I wanted to pursue riding in a more competitive way. We found a wonderful schoolmaster FEI pony, and I began training more consistently, gradually moving up the levels and having many successes. I've been able to apply all the amazing lessons my pony taught me (especially patience!!) to starting my young horse. I have done the majority of riding/training on Fara and I'm very excited to continue on that journey.

9:30 - 10:15

**Monica Voigt & Sendero - Canadian Sport Horse Gelding
(Broadway Harry x Unknown Quarter Horse Mare)**

I am a mature amateur rider. I take one lesson a week with Siri Ingebrigtsen, and have the occasional ride in-between. I am riding Sendero, a 23 year old CSH, who was successfully shown by Siri at Fourth Level and schooled to PSG/II. We are just trying to keep up our weekly rides and make some gradual improvements as we go along. Even though we do not show, I am very motivated to become a better rider.

Break

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10:20 - 11:05

**Siri Ingebrigtsen & Wahdi Ibn Kareka - Straight Egyptian Arabian Stallion
(Saddam Kareka x EAI Justice) bred by Marie Gravel, ON**

Wahdi Ibn Kareka is a five year old Straight Egyptian Arabian stallion who is a local Outaouais boy raised at Avant-Garde ... so naturally he was destined to grow up to be a dressage pony. Orphaned at three days, he was carefully raised and socialized with a series of field companions, and Siri started him slowly with many months of patient work on long reins. As a result we are also driving him...and who knows, one day he may tackle competitive driving. Siri has drawn on her diverse skills in Warmblood stallion handling, Fjord-driving and, of course, dressage, to allow us the chance to give Wahdi Ibn Kareka every opportunity to realize his potential. A grandson of the internationally renowned stallion PVA Kariim, Fifa, as we call him, traces to several of the best Straight Egyptian Arabians imported to this area from Germany during the high-flying days of the Montebello and Edwards Arabian investment farms. His pedigree is interesting in that his dam is the half-sister of a Canadian FEI Endurance horse and his half-brother is now eventing. Wahdi is also a breeding stallion, with four lovely foals on the ground...two purebreds and two part-breds. We have no real idea what the future holds in store, but are contemplating taking him for Canadian Sport Pony Stallion approval next year. He will continue his dressage journey as far as he is able...

11:05 - 11:50

**Stephanie Sitzberger & Ginseng MSH - KWPN Gelding
(Alexandro P x Royal Prince x Jazz) bred by Mountain Sport Horses, QC**

Sunny is a four year old homebred. He was the 2014 North American Keuring Tour Champion Gelders Horse. I have started Sunny very slowly with much assistance from Siri Ingebrigtsen. He has been under saddle since May, doing baby exercises concentrating on gaining balance, strength and straightness. I am an AA rider who also breeds Dutch Warmbloods when the fertility gods smile. I am thrilled to have a riding "horse of my own" who is sane and willing after far too many years of trying to ride horses with complicated health problems or temperament issues.

LUNCH 11:50 - 12:30

12:30 - 1:15

**Jenn Rodehutsors & Sandria - Warmblood Sport Horse Mare
(Kioga x TB) bred by Rock Ridge Sport Horses, ON**

This young mare is one of our homebreds. She is 5 and just backed in late spring. This is her first outing to show her that there is a world outside of our Rock Ridge bubble:) My husband and I have been running a small breeding/boarding facility, Rock Ridge Sport Horses, in Perth for the last 23 years. I've been chipping away at being a better rider since my dinosaur became extinct.

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1:15 - 2:00

Siri Ingebrigtsen & Horse To Be Determined

I started my riding career on pigs and cows before moving on to horses in 1977. Growing up riding in Norway, under a former military coach, dressage was a necessary 'evil' before the fun, jumping, was allowed. I got hooked on dressage in 1984 when I went to the U.S. to work with horses. I was lucky enough to see Robert Dover on Romantico and was hooked on dressage. I have been fortunate enough to ride with many great coaches over the years, but Gina Smith has been my main coach since coming to Canada in 1991. I started coaching in 1981 so I have a few years under my belt. I have trained Grand Prix and shown PSG/II. I have owned and operated Avant-Garde Equestrian Farm with my husband, Daniel Huard, since 2003.

Break

2:05 - 2:50

Sarah Loten & Mischief Managed - Hanoverian X Gelding

My horse, Mischief Managed, is a 15 year old Hano x and is a 'hand me down' that I received (took!) last year, from my daughter, who evented with him previously. We competed at First Level this show season at Gold (National level) shows and we are starting to work towards Second Level for the coming season.

2:50 - 3:35

Carolyn Healy & Fuerst Gemini - Hanoverian Gelding

(Fidertanz x Don Bosco x Prince Orac xx) bred by Sunny Days Hanoverians, ON

Gemini is a six year old Hanoverian gelding, who has been at Avant-Garde since he was five months old. He competed very successfully in 2015, including his first ever freestyle performances at National First Level, ridden by coach and trainer, Siri Ingebrigtsen. He is now schooling the Second Level movements under Siri. He is cherished and treasured by me, his person. I enjoy just hanging out with him and riding him for sheer pleasure. We train when we can with the aim of me becoming a better rider for Gemini. For a young horse, Gemini is incredibly kind and genuine with great rideability and is incredibly forgiving of my rider errors.

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3:35 - 4:20

Catherine Fillion & Mica - Welsh Thoroughbred X Pony Mare

(Bruce's Time TB x Misty [Welsh Event Pony] bred by Catherine Fillion

Mica was born and raised at our farm (La Troïka, Wakefield, QC). Her first years were mainly spent being exposed to life in general. She was taken on a lead everywhere a horse can go by my husband and my kids that all love her. There is not really a starting time as we did everything gradually as I always favour when possible. She was taken to line classes as a yearling and did her first dressage test at 4 years old with my 10 year old daughter. After a while, my daughter stopped riding. I leased Mica to Venturing Hills Farm for one year where she competed one summer in eventing at the pre-entry/entry level at the age of 6. We took her back home last fall after her show season as my daughter really wanted her back. But hockey took over riding in her life... As a result I ended up riding Mica and investing more time in her dressage since then. We are working mainly at Training level but also introducing some of the First and Second level movements. Mica is a very smart little mount, she is very athletic and has demonstrated a good potential to perform very well in various disciplines! She is certainly a lot of fun to work with.

As far as myself, I would say I always have been passionate about horses. I have been very lucky during my life to be able to work intensively with them in many different ways including Hunter/Jumper, Western Riding, Logging, Sledding, Mountain Expeditions, Dressage and Cross Country. I consider myself also very fortunate to have met and worked with several knowledgeable people that have helped me at some different times to better understand these wonderful animals and make me think a lot of how we can learn from them about ourselves.